



114 N. Main Street
Bryan
419-636-0950
www.allthingsfoodllc.com

Hot Topic Coffee Hour

Topic: Fluoride. It's good for you...right?

Thursday, May 29th

6:00 PM

Come enjoy a cup of hot fair trade coffee or tea as we share hot topics that impact our community and our lives.

NOTE: Cold and/or naturally caffeine free varieties also available.

Join Logan Smith, a 23 year old who served in the US Army and was later discharged due to suffering from grand mal seizures, for this discussion on Fluoride. Through his personal research of fluoride and how it affects our health, Logan will present a discussion on the many sources of fluoride, how our bodies react to exposure, and how we can reduce contact with this element.

\$5 fee includes coffee or tea hot or cold.

Please sign up at the register TODAY!

Come early and enjoy a meal from our Café!