

For Those Who Have Fear

Mimulus - known fears, shyness

Rock Rose - terror, panic

Aspen - vague fears, foreboding

Cherry Plum - fear of being impulsive

Red Chestnut - fear for loved ones

For Those With Uncertainty

Cerato - self-doubt, distrust

Hornbeam - mental fatigue

Gentian - doubt, discouragement

Gorse - hopelessness

Scleranthus - indecision

Wild Oat - lack of motivation

Oversensitive to Influences & Ideas

Walnut - oversensitive, easily influenced

Centaury - too willing to serve, pleaser

Agrimony - silent sufferer, mental
torture, worry

Holly - jealousy, vexation

Not Sufficient Interest In Present Circumstances

Honeysuckle - nostalgia, living in the past

Mustard - depression, gloom

Clematis - daydreams, boredom,
indifference

Olive - physical or mental exhaustion

White Chestnut - mind, chatter, worry

Chestnut Bud - mental, emotional
immaturity, failure to learn from mistakes

Wild Rose - powerlessness, apathy,
resignation

Despondency or Despair

Star of Bethlehem - Sadness, grief, trauma

Pine - guilt, self-blame, shock

Elm - overwhelmed

Larch - low self-esteem

Crab Apple - uncleanliness, shame

Oak - stoic, overwork without satisfying
results

Willow - anger, resentment and bitterness

Sweet Chestnut - despair, faithlessness,
nihilation

Loneliness

Impatiens - impatience

Water Violet - pride, aloofness

Heather - self-centered, talkativeness

Overcare for the Welfare of

Others

Vine - domination of others

Vervain - over enthusiasm

Beech - intolerance and criticism

Chicory - possessive, overcare, self-pity,

Rock Water - hard taskmaster unto others
with urge to influence others

Safe

Gentle

Easy To Use

No Side Effects

No Drug Interactions

Inexpensive