

Requirements for 1st Kyu in Ryukyu Kempo Brown Belt with 3 Black Stripes

Basic:	
Knife/club defense	Defend against various angles and at throat
Demonstrate use of your knee, foot, and lower leg in point attacking	C-step attacking knee points, C-stepping back to drop at SP9 (body must be in motion), kneeling in Kata as relates to attacking knee, cat stance, scoop kick, shovel kick,

Basic Principals:	
Know tactics and strategies to use when fighting more than one opponent	
Basic understanding of bladed weapon theory to include being able to distinguish a skilled knife fighter from an unskilled done based upon such factors as type of weapon, how carried or held, stance and movement as well as psychological factors.	
Know basic principles of knife defense including, but not limited to, use of conventional weapons against knife, use of unconventional weapons or impromptu items against knife.	
Know the range of lethality for a bladed weapon in the hands of a skilled opponent.	(25' to 30'!)
Know Oregon law (in general terms) as it relates to the following: Deadly Physical Force Justifiable Homicide	Student is required to research Oregon Criminal Code

Kata: Niahanchi Sandan

Bunkai:		
Kata Movement	Attack	Bunkai
Out-block – 4 opening moves	Against push	Middle punch, bent arm lock using L7 and Ht3, punch GB20
Outblock, Down-block arm break, double block	Escape from two hand grab to wrist or arm	Strike opponents forearm at L7 while on the way through the space between opponent's arms. Strike TW12 and GB20
Out block / Down block combination	Against a same side grab above elbow. Place	Opposite hand over opponent's hand locking SI6. Bring fist outside of opponents arm to the out block final position. Bring arm down over opponents forearm at SI7 in the down block motion, striking TW 17 or GB20
“Windshield wiper”		Strike nose sideways and up to fishes belly
Mapping palm over punch	Against a blocked punch	Immediately roll over to backhand.
Knife hand, hook punch, cross step, back fist	Against a punch	Knife hand parry. Grab wrist and bring to waist while striking opponents TW12 point with fist (or forearm) and step across. (You can also attack opponent's ankle with cross step.) Continue from TW12 and strike opponent's head at GB points. (TEST-TW12 sets up Head, Heart and Kidneys)

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Points:					
Point	Location	Angle & Direction		Attack type	Element Polarity
GB 12	In the scalp, along a curve 1.5AU above and behind the ear. Directly behind the lower tip of the earlobe.	Strike with small weapon in and forward.		Strike	Wood Yang
GB 16	In the scalp, along the curve of the skull, 2 AU to the side of the centerline. In line with the front of the ear.	Rub or grab hair and dig knuckles into the points.		Touch or rub	Wood Yang
GB 21	Midway between GV14 and the outside edge of the shoulder, at the highest point of the shoulder.	Hard strike straight down		Strike	Wood Yang
ST 11	In the hollow just behind the collar-bone, next to the sternal notch.	Press with a fingertip in and down to drop an opponent.		Strike or touch	Earth Yang
ST 12	Just behind the collar bone directly above the nipple.	Press downward behind the collar bone with the fingertips to drive the opponent to the ground.		Strike or touch	Earth Yang
TW 15	Level with the tip of the shoulder and mid way toward the spine. (Back of shoulder.) In the depression about 1 AU down the back from GB21.	Strike diagonally downward. Also thumb pressure.		Strike or touch	Fire Yang
PC 2	Two AU down from the level of the fold of the armpit along the mid-line of the biceps.	Strike toward the bone.		Numbs the biceps.	Fire Yin
SI 13, 14, 15	Inner corner of the shoulder blade 2 inches from spine	Strike diagonally downward		Strike	Fire Yang
SI 18	In the depression below the prominence of the cheekbone, in front of the masseter (the muscle which bulges when clenching the jaw).	Strike or press on an upward diagonal line toward the center of the head.	Causes the neck to release. A preferred method is to strike with the middle knuckle fist. This fist is particularly suited to delivering upward energy.		Fire Yang
GB 41	Just in front of the bulge on the top of the foot where the bones of the fourth and fifth toes connect.	Stomp or grind on this point with a front to back motion. May be struck with a single knuckle.		Strike, rub or touch	Wood Yang

Sparring:	
Demonstrate proper movement when defending against 2 attackers	Keep one attacker between you and the other. Move one attacker into the other. Keep moving. Never let yourself be between the two attackers.