

DentalOne

A Dental plan for better health



Regence

Regence BlueShield
is an Independent Licensee of the Blue Cross and Blue Shield Association

Together, we can take charge.SM

Good health isn't complete without good dental care. That's where DentalOne comes in.



Total wellness requires a healthy mouth and healthy teeth. That's why we're pleased to partner with Willamette Dental, one of the largest managed dental groups in the nation, to offer this affordable dental program for individuals and families.

With DentalOne, you'll work with a Willamette Dental provider to maintain your oral health and enhance your overall health through routine exams and other preventive care.

Coverage designed to keep your teeth healthy and your costs down

- No deductibles
- No annual maximums
- Routine exams, teeth cleanings, periodontal screenings and evaluations provided for just a \$15 office-visit fee.
- X-rays, fillings and a variety of other dental services provided at a low copay
- Orthodontia coverage regardless of age
- Emergency dental care coverage
- Major services covered after six months

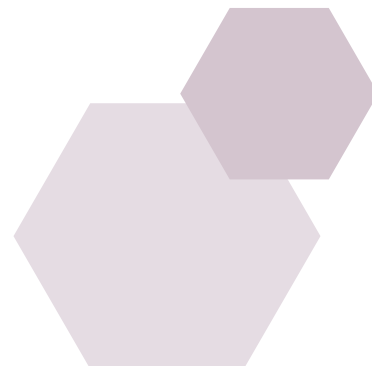
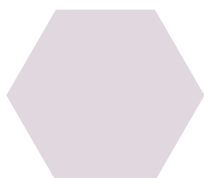
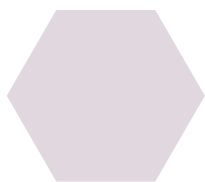
Please refer to the benefit summary, included in this brochure, for an overview of the plan and a list of limitations and exclusions.

Care is just a call away

After you sign up for DentalOne, you should call Willamette Dental at 1 (800) 359-6019 right away to schedule your first appointment. You can see a dentist in as soon as three to six weeks. A fee of \$30 is charged for any appointment missed without 24-hour notice.

Friendly offices are nearby

Willamette Dental offices are conveniently located throughout the region. Use the map on the next page to see which one is closest to you. You can find addresses and directions at **www.WillametteDental.com**.



Convenient Locations

Willamette Dental offices are conveniently located throughout the region. Use the map below to choose the location nearest you. Addresses and directions can be found at www.WillametteDental.com.



Summary of Benefits

Services must be provided by Willamette Dental offices. For locations, go to www.WillametteDental.com. Services obtained from a non-Willamette Dental provider will not be covered.

Summary of Benefits		
Annual maximum	No annual maximum	
Deductible	No deductible	
Office visit	\$15 per visit	
Services covered at \$0 copay		
Oral examinations (initial & periodic)	100% after \$15 office-visit fee	
Children's cleanings (through age 12)		
Children's fluoride treatments (through age 12)		
Preventive oral hygiene kits		
X-rays (up to four bitewings)		
Custom sports mouthguards		
Orthodontic evaluation		
Services provided with additional \$20 service fee		
Sealants to permanent teeth (per quadrant)	100% after \$15 office-visit fee plus \$20 copay	
After-hours visits		
Initial orthodontic exam		
Panoramic X-rays		
Services provided with additional \$30 service fee		
Restorative fillings (up to four surfaces per tooth)	100% after \$15 office-visit fee plus \$30 copay	
Adult cleanings		
Simple extractions		
Simple denture repairs		
Orthodontia		
Pre-orthodontic service		
	Initial orthodontic exam	\$20 copay
	Study models/X-rays	\$50 copay
	Case presentation	No copay
Comprehensive orthodontia		\$2,600 copay
Other		
Out-of-area emergency care (50 miles from a WDG office)	You pay applicable copays and fees. Willamette Dental pays the difference of billed charges.	
Other dental services not listed	20% discount on fee-for-service costs \$15 office-visit fee applies	
Fee for missed appointments	\$30	

This is a brief summary of benefits. For full coverage provisions, including a description of limitations and exclusions, refer to your contract. There is a six-month waiting period for major services, including crowns, bridges, partials and dentures. There is no waiting period for orthodontia. Please note: If you cancel DentalOne, there is a 12-month waiting period before you can re-enroll. The benefits of this plan are not subject to any coordination of benefits provision.

Value-Added Implants

Value-added services and products are offered through Willamette Dental providers. **These services and products are provided at a reduced fee and are not covered by your dental plan.** You will be responsible for all costs incurred.

Dental Implants

Bridges or dentures used to be the only options for replacing missing teeth. Now, with better surgical techniques and materials, there is a better solution available—dental implants. Because dental implants are permanent replacements that look and feel like natural teeth, this treatment provides excellent performance and esthetic advantages.

A dental implant restoration can secure one or more teeth. The implant itself is a small titanium post that is surgically placed into the jawbone and engineered to perform like the tooth's natural root. While healing, the bone grows and fuses to the post. This post then supports a crown or over-denture just as roots hold natural teeth in place.

Evidence shows that an implant is usually the best solution for missing teeth, primarily because it does not affect adjacent teeth as does a fixed bridge or removable denture. With a dental implant there is no grinding or crowning of natural teeth for a bridge nor are there any natural teeth clasped to secure a removable partial denture.

This plan excludes dental implant procedures; however, as a value-added service Willamette Dental will provide members with this state-of-the-art treatment at a reduced cost as a complement to your dental plan.

Commencing Treatment

Patients with healthy gums, good bone structure and excellent oral hygiene are usually good candidates for dental implants. The first step is to speak with your Willamette Dental dentist, who will answer your questions and then refer you to an implant restorative dentist for an initial consultation.

Implant restoration is available at these listed Willamette Dental offices.

Locations in Washington SURGICAL OFFICES:

Seattle-Northgate

11011 Meridian Ave. N.
Seattle, WA 98133

Tacoma (Sixth Avenue Plaza Shopping Center)

5401 Sixth Avenue
Tacoma, WA 98406

Olympia (Columbia Commons)

3773-C Martin Way, Suite 105
Olympia, WA 98506

Spokane-Northpointe

9717 N. Nevada
Spokane, WA 99218

Richland

104 Columbia Point Drive
Richland, WA 99352

RESTORATIVE OFFICES:

Seattle-Northgate

11011 Meridian Ave. N.
Seattle, WA 98133

Tacoma (Sixth Avenue Plaza Shopping Center)

5401 Sixth Avenue
Tacoma, WA 98406

Olympia (Columbia Commons)

3773-C Martin Way, Suite 105
Olympia, WA 98506

Lynnwood (Scriber Lake Office Center)

6101 200th Street SW, Suite 201
Lynnwood, WA 98036

Spokane-Northpointe

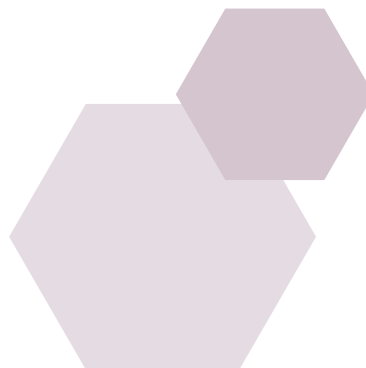
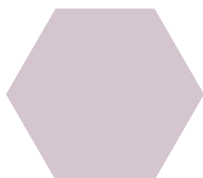
9717 N. Nevada
Spokane, WA 99218

Richland

104 Columbia Point Drive
Richland, WA 99352

Bellevue

626 120th Ave. NE
Suite B-210
Bellevue, WA 98005



Limitations and Exclusions

These benefits are limited:

- Other than where required by law, we will not duplicate Medicare benefits.
- We won't replace an existing denture, crown or bridge less than seven years after the date of the most recent placement. Nor will we cover a denture replacement made necessary by loss, theft or breakage.

These services and supplies are not covered:

- Services or supplies not received from a Willamette Dental dentist (except as specifically listed).
- Services or supplies you receive before your coverage starts or after your coverage ends. The date artificial teeth are prepared is considered the date of service.
- Services that aren't necessary.
- Services and supplies related to the diagnosis or treatment of the temporomandibular joint (TMJ).
- Dental implants.
- Implant-supported crowns.
- Lost, stolen or broken dental appliances.
- Splints, night guards and other appliances used to increase vertical dimensions, restore bite or correct habits such as tongue thrusting or teeth grinding.
- Treatments, procedures, equipment, medications, devices and supplies that are experimental or investigational, even when provided by foreign providers.
- Surgery for fractures, cysts or tumors.
- Models of teeth and surrounding tissue for purposes of study and treatment planning.
- Services provided by a dentist or denturist that are beyond the scope of his or her license.
- Cosmetic dental services including complications arising out of such services.
- General anesthesia, unless recommended by the referring or attending dentist for a medical condition which requires general anesthesia before services can be performed.
- Recording of jaw movements or positions.
- Services or supplies you receive from a dental or medical department maintained by or on behalf of any employer, a mutual benefit association, labor union, trustee or similar person or group.
- Services and supplies not specifically listed.



Sales office:

1800 Ninth Avenue
Seattle, WA 98101-1322

1 (888) REGENCE
1 (888) 734-3623



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