



Helping You, Help Yourself

...in the Catalpa Tree Shops



Spring 2022

Your Mind-Body-Spirit Marketplace

This Spring we have decided to offer a few classes to help people understand their power to create and connect, even in this chaotic world.

As we move forward into the Aquarian age, we are in a time where we are being asked to release the confines of the past and our programmed beliefs to start creating the world in which we choose to live.

We hope some of these classes inspire you to awaken to your own Divinity.

Introduction to Avatar's Anonymous

The mission of Avatar's Anonymous is to create a world of love, acceptance and high spiritual vibration by supporting the planetary shift from the 3rd to the 5th dimension.

Because there are many spiritual paths, Lewis Tucker was inspired to create tools and techniques that resonate with each person's path.

Join us as Lewis introduces us to Avatar's Anonymous and some of the tools he was given to move us into a more centered and powerful place.

\$20.00 (by Mar. 2)
Saturday, March 5
1:00 p.m. to 3:00 p.m.

Avatar's Anonymous

Twelve Steps for Embracing Our Divine Self

We are in a time of great upheaval, challenges, and change. Many paths are coming forward to help us navigate this terrain. As heralded by the end of the Mayan Calendar in 2012, we are moving into a time of self-love and self-expression. There is an internal struggle between the ego self and the higher self as the former clings to safety and survival, the latter rejoices with change and expansion.

The Avatar Way is only one of many paths offered by the Divine to guide us towards this place of self-knowledge and self-determination. A place where we can live our purpose as we love and support others in expressing theirs.

Each session of this four session workshop will explore 3 steps towards awakening our Divine connection and purpose.

Session 1 - Awakening Steps - The first three steps were inspired to help us "wake up" to our true value and the nature of our relationship with the Divine. They help us create a little distance from what we have been taught about ourselves, and our connection to Spirit, so we may develop a deeper understanding of who we are and where we fit in.

Session 2 - Purification Steps - The next three steps help us clear out old beliefs and behaviors that no longer serve us. The releasing of the old allows room for our individual truth and Spirit to come to the surface. It also provides the heart and mind space for the Divine to support and guide us.

Session 3 - Transformation Steps - These steps support and guide the shedding of all that no longer serves us and creates a space of gratitude and love. As we move through these steps, our intuition and inner knowing begin to guide our actions. We are more the Beings of Light we were created to be.

Session 4 - Ascension Steps - The last three steps ground our Divinity in a daily practice of continued self-exploration

Instructor: Lewis Tucker

\$100.00 (by Apr. 18)

Thursdays, April 21, April 28, May 5 and May 19

6:30 p.m. to 8:30 p.m.

Lewis Tucker has a passion and connection with crystals and stones and has worked with them for many years in his private practice. He is the founder of The Wizards Cave where he travels the country sharing his wisdom and knowledge of stones as well as sharing the tools we need to awaken to our Divinity.

Soul Talks

with Alena Chapman

Soul Talks is a sharing community and mastermind group for seekers desiring to be part of a group committed to activating possibility and creativity in life. In these sessions, Alena Chapman strives to help her clients, family, and friends connect to the deeper meanings in their own lives. Through her best selling books, her weekly meditations, and her popular syndicated radio show "Magical Moments," she helps people do just that. As you join the conversations, you will find laughter and thoughtful introspection. Each evening we will discuss a new topic and delve deeper into the spiritual dimensions that are all too often ignored in our fast-paced modern world. Come join us and rediscover the *MAGIC* of life that many of us lost so many years ago!

Alena hosts *Soul Talks* every week via Zoom, but has offered to join us monthly at the Catalpa Tree Shops for group. We will meet at 6:00 pm on the second Thursday of each month for 40 minutes of discussion, followed by a 29 minute meditation.

Scheduled Dates and Topics

March 10 - Bringing Forward the Divine Feminine in Life

April 14 - Transformation of the Mind with 3 Steps

May 12 - The Use of Imagery in Healing

June 9 - Little Know Universal Laws with Positive Change

July 14 - Stop Controlling and Gain What You Want

August 11 - Why Life Is An Illusion

These sessions are held on a donation basis.

Suggested Donation \$10.00

Call the shop at 260-627-3012 to reserve your seat.

Alena Chapman has devoted her life to helping others discover their true desires and create happy, fulfilling lives by helping them identify the true gifts of their soul. Alena joyfully pursues her passion of guiding people to realize the gifts of their spirit, and to help them begin to enrich every part of their lives. Alena is an international best-selling author with more than 30 years of study with Dr. Bob Proctor and Dr. Wayne Dyer. She has created a community on Facebook



called SoulManifesto. Find out more about Alena at her website,

www.soulmanifesto.com

Dragon Meditation



Join Matthew Mannai as he gives us a better understanding of Dragon Energy and how it can be used, with intention, mental visualizations, repetitive eye movements and meditation to create new neural pathways within the brain. Dragon Meditation can clear away residual traumas, triggers and negative shadow aspects found within the neural pathways, which manifest themselves as unconscious behavioral, mental, and emotional patterns. The intent of Dragon Meditation is focused on constructing a new, healthier, more positive, and life-enriching subconscious mind.

During the first hour of our session, we will learn about the history of dragons throughout human existence, along with their spiritual meaning and role in various civilizations. Matthew will teach the principles and practical applications of Dragon Meditation. He will cover the fundamentals of Dragon Meditation such as breathing techniques, use of intention, visualization, and musical accompaniment.

Our second hour will be focused on introducing, understanding, practicing and applying the techniques of Dragon Meditation.

We will finish the evening with a brief discussion of our experiences.

Instructor: Matthew Mannai

\$25.00 (by Mar. 1)

Thursday, March 3

6:30 p.m. to 8:30 p.m.

Matthew Mannai has a Bachelor's Degree in Interpersonal Communication from Purdue University of Fort Wayne, and is certified through the Centre of Excellence in Astrology, Tarot, Psychology, and Dragon Mythology & Dragon Energies Spirit Guides. He offers Tarot Readings, Astrological Birth Charts, and Guided Eye Movement Desensitization and Reprocessing (EMDR) Meditation.

Crystal Grids

Over the years, many have learned the sacredness of the Crystal Grid. Built on sacred geometry and intent, they can manifest change in our lives. This class will discuss the science/theory of grids, types of grids and how they are used. Grid layouts will be provided as well as crystals for use during the class. Crystals may be purchased at the end of the class. Please bring one large crystal for the center from which we will build the grid.

Instructor: Dianne Dunfee
\$20.00 (by Mar. 17)
Saturday, March 19
1:30 pm to 3:30 pm

Dianne Dunfee, has followed her own healing and spiritual quest for the past 20 years through crystals. She studied with Herb Stevenson and is a Certified Crystal Teacher through Hibiscus Moon Crystal Academy.

Gemstone and Crystal Grids II

Crystal Grids are built on sacred geometry and by using these Grids, change can be used to manifest in all aspects of our lives. In this class, we will review the science and theory of grids, but will also dive into their molecular structures. As we build our grids, we will learn to identify the ideal grid pattern to use as well as what colors and crystals are best for manifesting our specific intentions. Crystals will be provided.

Instructor: Dianne Dunfee
\$20.00 (by Apr. 14)
Saturday, April 16
1:30 pm to 3:30 pm

Back In Stock!

Nitiraj, the fair trade natural incense company has been manufacturing natural slow-burning incenses since 1978. Nitiraj incenses are found in some of the most exclusive retail outlets throughout the USA, UK and Europe. These incenses are made from scratch using traditional methods that date back hundreds of years. It's a process that combines natural resins with fragrant wood powders, spices, and herbs, combined with aromatic oils and honey.



The **Nitiraj Platinum Natural Incense collection** includes the fragrances Dragons Blood, English Rose, Frankincense, Ganesh, Lavender, Meditation, Om, Patchouli, Prosperity, Sandalwood, Goddess & White Sage. Each box is 25gm.

Nature Talk

What is nature wanting to say to you? Escape from this crazy world and soak in the peace of this relaxing and insightful class where we develop and increase our ability to communicate with nature. We will explore talking with crystals, trees, plants and animals. What messages do they have for you about the future? What is your pet trying to tell you? Bring a picture of your pet, your favorite plant or tree or a crystal to class and let's get chatting!

Instructor: Anmarie Uber
\$25.00 (by Mar. 14)
Thursday, March 17
6:30 p.m. to 8:30 p.m.

Anmarie Uber, L.M.T., C.Y.I., C.T.P., C.A.C.R., has over 29 years experience as a reader. She has a Bachelor's in Metaphysical Science. Anmarie has authored several books on numerology and breaking free from karma. Learn more about Anmarie at www.AnmarieUber.com.



Number Codes

Using Numerology to Understand Life

This fun workshop that will explore two popular numerology systems - Pythagorean and Chaldean. From Pythagorean, you will discover your personality traits, life path and what drives you. From Chaldean, you identify the astrology planets influencing your character, actions, and how fate and karma affect your future.

Instructor: Anmarie Uber
\$25.00 (by Mar. 23)
Saturday, March 26
1:00 p.m. to 3:30 p.m.

We have some people interested in attending an afternoon "social" painting group. If you are interested in joining us, please call the shop at 260-627-3012. At the present time we are seeing what interest there may be before we set a schedule. **Thanks!**



Come experience this
opportunity to see YOUR Aura.

The **Aura** is an invisible, electromagnetic, intelligent energy field completely surrounding all things, living and nonliving. The colors and patterns around a person can reveal many things about their personality, emotions, behavior, relationships, and occupations as well as the state of evolution of their soul, mind, and even health.

In addition to a color photo and printout, you will receive a brief personal interpretation of the colors in your aura!

Facilitator: Karen George

Cost: \$40.00

Saturday, April 23

10:00 a.m. to 5:00 p.m. and

Sunday, April 24

12:00 p.m. to 5:00 p.m.



Astrology Basics

Come learn what it means to explore your Sun Sign, Moon Sign, and Ascendant! You are much more complex than just your Sun Sign. Learn how the signs are organized by the elements of Fire, Earth, Air, and Water and what it means in your birthchart.

This class focuses on Astrology as a personality assessment tool for growth and self-empowerment. Learn the answer to questions such as: *What are our unique gifts and talents? What motivates us in life? What are the fears and defense mechanisms we hold? How can we work with our charts to become who we were meant to be?*

Join Jessica in exploring the Zodiac and discover more compassion and understanding for yourself, and others, along the way.

Class size for this class is limited to 6. Birthdate, birth time and location are required to complete the birthchart. Please have this information available when signing up for the class.

Instructor: Jessica Bojrab

Saturday, April 30

\$35.00 includes chart (by Apr. 23)

1:00 p.m. to 3:30 p.m.

Jessica Bojrab has a BS in Biology and an AS in Chemical Methods from Purdue University. She is a certified Yoga instructor RYT-200, a Reiki Master Teacher, and a Goddess Dance teacher. She has studied Astrology for 25 years and hopes to help others heal and grow with Astrology.

Finding Your Power In Turbulent Times

Join Vec Talarico for this timely class on how to navigate the dense energies of the present time, both in your personal and global experience.

If it seems like the world at large, and/or your personal life is in upheaval or chaos, this class will help you better understand why it is happening and how you can live more peacefully in your world without being "of it."

Content will include: why this is happening now, what you can do to alleviate the fallout as an individual and part of the collective, and how to move more effectively into the innate power you may have forgotten you have. You will also learn how to work with the Violet Flame for the benefit of yourselves and others.

Instructor: Vec Talarico

\$25.00 (by Mar. 31)

Saturday, April 2

1:00 p.m. to 3:00 p.m.

Vec Talarico is an energy healer and angel card reader. She has taught spiritual and metaphysical classes in the area for many years. Her desire is to support others in their journeys to attain their highest level of emotional and spiritual well-being.

Meet the Author Series

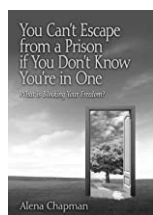
For our Meet the Author Series, we have invited a few local authors to stop by the shop with their NEW releases. It is an opportunity to meet these authors and talk with them about their latest titles.

Saturday, March 12 - 11:00 a.m. to 1:00 p.m.

Alena Chapman with "Hello Soul"



Alena Chapman, author of *You Can't Escape a Prison If You Don't Know You're In One*, is out with her newest release. With *Hello Soul*, readers join Alena Chapman on her journey of learning how to connect and live connected to her Soul.



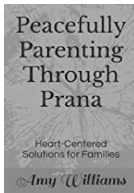
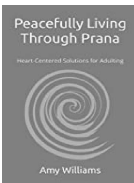
They learn each step she took in order to do so and how to create their own journey. *Hello Soul* helps readers feel a strong flow and ease in life knowing that they are whole and in sync with their true self on every level. It brings readers peace and the feeling that everything will always turn out well.

Saturday, April 9 - 11:00 am to 1:00 p.m.

Amy Williams with

"Peacefully Living Through Prana"

Amy Williams, author of *Peacefully Parenting Through Prana*, is here with her new release, *Peacefully Living Through Prana: Heart Centered Solutions for Adulthood*. Amy has helped clients all over the world to embrace the true power of their hearts. In this book she shares simple, effective ways to reprogram Contraction Reaction Cycles into Expansion Response Patterns through activating the Heart-Crown Connection.



Saturday, May 14 - 1:00 p.m. to 3:00 p.m.

Linda Dix & Tali Sandbridge with

"A Love Through the Centuries"



Jake Webber may have died, but he refused to move on without his Angie. Although the famous actor died at the age of twenty-eight, he wouldn't go into the light without his soulmate, Angela Smyth. That was until Linda Dix, a well-known psychic, was called in. With the help of Angie's close friend Linda, the two determined that Jake and Angie had actually experienced many past lives throughout the centuries.

**Readings are By Appointment Only.
Call 260-627-3102 to reserve your time.**



Readings with Sandy Brown

Psychic Card Readings

Sandy Brown is a psychic medium who reads a standard deck of playing cards. Her readings can provide information about Spirit Guides, messages from family or friends who have passed over, and even information about relationships - past, present, and sometimes future. She has also been given glimpses into people's past lives and how that may be affecting them today.

**Thursdays, February 17, March 3 & 17,
April 7 & 21, May 19, June 16, July 7 & 21 and
August 4 & 18**

10:00 am to 4:00 pm

1/2 hour - \$40

1 hour - \$80



Readings with Dr. Barbara Burk

Soul Life Readings, Akasha

Angel Readings and General Readings

Soul Life Readings - Discover where you are in your life and where you can go, the spirit beings around you, and spiritual gifts you have.

Akasha Angel Readings - Find out the Angels, Archangels, and Ascended Masters around you, along with your Guardian Angel. Find out who they are, why they are attracted to you and how they can help you.

General Reading - Find what path you need to be on or find the answers you are looking for. You may also contact loved ones who have passed on that you may have unfinished business with.

**Fridays, March 11, April 8, May 13, June 10,
July 8 and August 12**

10:00 am to 3:00 pm

One Hour Session - \$75.00 (includes CD)

Super Saturday

On Super Saturdays, the Catalpa Tree Shops will be offering readings and other services, by appointment. Walk-ins will also be accepted based upon availability.

Most sessions are 15 or 30 minutes

15 min. - \$20

30 min. - \$40

For more information on our Super Saturday readers, visit our website.

March 12

Vec Talarico - Angel Card Readings

Mathew Mannai - Tarot Readings

April 9

Anmarie Uber - Tarot Readings

Sandy Brown - Psychic Card Readings

May 14

Vec Talarico - Angel Card Readings

Sandy Brown - Psychic Card Readings

June 11

Anmarie Uber - Tarot Readings

Mathew Mannai - Tarot Readings

July 9

Sandy Brown - Psychic Card Readings

Anmarie Uber - Tarot Readings

August 13

Sandy Brown - Psychic Card Readings

Mathew Mannai - Tarot Readings

Class Enrollment Policy

*All class enrollments must be paid in advance to secure your position.

*Classes not filled on the "by" date listed *may* be canceled. If a class is canceled, a refund will be issued.

*If you are unable to attend a class, you must notify the store at least 24 hours prior to the start of the class to be eligible for a refund.

Ongoing Events

Our ongoing events are on a DONATION basis. Donations help us continue to bring these events to you! For more information on any of our ongoing events, call the shop at 260-627-3012.

"The Group" Metaphysical Discussion Group

Join us on the first and third Wednesday of each month at 1:00 p.m. for some lively and entertaining discussion on metaphysical topics of all kinds. All are welcome!

***Scheduled dates: February 16, March 2 & 16, April 6 & 20, May 4 & 18, June 1 & 15, July 6 & 20 and August 3 & 17**



Reiki Shares

On Reiki Share days, stations are set up throughout the shop to offer Reiki to anyone interested in receiving its benefits. Sessions are available from 10:00 a.m. to Noon and are on a first come first serve basis. There is no charge for Reiki Shares, but donations are accepted.

Reiki shares are a great way for practitioners to build confidence, increase knowledge and receive support in their practice of Reiki. They are also a great way for the general public to experience Reiki's healing effects.

**Saturdays, February 19, March 19, April 16, May 21, June 18, July 16 and August 20
10:00 a.m. to Noon**

Practitioners are encouraged to arrive at 9:30 a.m. to allow time for meditation and self healing.

Events Calendar

February

12, Sat. Super Saturday
 16, Wed. "The Group" Metaphysical Conversation Group
 17, Thu. Readings with Sandy Brown
 19, Sat. Reiki Shares

March

2, Wed. "The Group" Metaphysical Conversation Group
 3, Thu. Readings with Sandy Brown
 3, Thu. Dragon Meditation
 5, Sat. Introduction to Avatar's Anonymous
 10, Thu. Soul Talks with Alena Chapman
 11, Fri. Sessions with Dr. Barbara Burk
 12, Sat. Super Saturday
 12, Sat. Meet the Author - Alena Chapman
 16, Wed. "The Group" Metaphysical Conversation Group
 17, Thu. Readings with Sandy Brown
 17, Thu. Nature Talk
 19, Sat. Reiki Shares
 19, Sat. Crystal Grids
 26, Sat. Number Codes: Using Numerology to Understand Life

April

2, Sat. Finding Your Power In Turbulent Times
 6, Wed. "The Group" Metaphysical Conversation Group
 7, Thu. Readings with Sandy Brown
 8, Fri. Sessions with Dr. Barbara Burk
 9, Sat. Super Saturday
 9, Sat. Meet the Author - Amy Williams
 14, Thu. Soul Talks with Alena Chapman
 16, Sat. Reiki Shares
 16, Sat. Gemstone and Crystal Grids II
 20, Wed. "The Group" Metaphysical Conversation Group
 21, Thu. Readings with Sandy Brown
 21, Thu. Avatars Anonymous Part 1
 23, Sat. Aura Camera
 24, Sun. Aura Camera
 28, Thu. Avatars Anonymous Part 2
 30, Sat. Astrology Basics

May

4, Wed. "The Group" Metaphysical Conversation Group
 5, Thu. Avatar's Anonymous Part 3
 12, Thu. Soul Talks with Alena Chapman
 13, Fri. Sessions with Dr. Barbara Burk
 14, Sat. Super Saturday
 14, Sat. Meet the Authors - Linda Dix/Tali Sandbridge
 18, Wed. "The Group" Metaphysical Conversation Group
 19, Thu. Readings with Sandy Brown
 19, Thu. Avatar's Anonymous Part 4
 21, Sat. Reiki Shares

June

1, Wed. "The Group" Metaphysical Conversation Group
 9, Thu. Soul Talks with Alena Chapman
 10, Fri. Sessions with Dr. Barbara Burk
 11, Sat. Super Saturday
 15, Wed. "The Group" Metaphysical Conversation Group
 16, Thu. Readings with Sandy Brown
 18, Sat. Reiki Shares

July

6, Wed. "The Group" Metaphysical Conversation Group
 7, Thu. Readings with Sandy Brown
 8, Fri. Sessions with Dr. Barbara Burk
 9, Sat. Super Saturday
 14, Thu. Soul Talks with Alena Chapman
 16, Sat. Reiki Shares
 20, Wed. "The Group" Metaphysical Conversation Group
 21, Thu. Readings with Sandy Brown

August

3, Wed. "The Group" Metaphysical Conversation Group
 4, Thu. Readings with Sandy Brown
 11, Thu. Soul Talks with Alena Chapman
 12, Fri. Sessions with Dr. Barbara Burk
 13, Sat. Super Saturday
 17, Wed. "The Group" Metaphysical Conversation Group
 18, Thu. Readings with Sandy Brown
 20, Sat. Reiki Shares

We ask that class attendees not wear perfumes or cologne. Thank You!

Real listening is a willingness to let the other person change you.

~ Alan Alda



Catalpa Tree Shops

"Helping You, Help Yourself

13405 Main Street

P.O. Box 364

Grabill, Indiana 46741

Telephone: 260-627-3012

Visit us on the web at:

www.catalpatreesshops.com

HOURS:

Monday through Saturday

9:00 a.m. to 5:00 p.m.

Closed Sundays & Holidays

Please "help us, help you" by sharing
this information with others.

Thank You,
Marjorie A. Coe, Owner

SPRING

Catalpa Tree Shops
13405 Main St., PO Box 364
Grabill, IN 46741

Please enroll me in the following:

Name: _____

Address: _____

Home phone: _____ Cell: _____

1. \$ _____

2. \$ _____

3. \$ _____

Total Enclosed \$ _____