



DAVE TRIPPIN

Newspaper Family Travel Series Now a Book

You've seen Dave Lavender on WSAZ's Your Weekend Ahead. You've read Dave Lavender in The Herald-Dispatch.

You've maybe even heard him on WKEE, WAMX and WTCR giving Dave's Drive-Through Weekend. Now Dave Lavender has cranked out a publication longer than a country mile — it's Dave Trippin, the book. Weighing in at 273 pages, "Dave Trippin: A Day Tripper's Guide to the Appalachian Galaxy of Ohio,



Kentucky and West Virginia," (\$14.95, Lavender Publishing) is here.

Featuring nearly a dozen trips in each state, "Dave Trippin," takes readers on an always adventurous and usually humorous family journey to some of Appalachia's coolest towns such as Berea, Ky., Athens, Ohio and Fayetteville, W.Va., the region's big cities including Lexington, Columbus and Cincinnati and its natural treasures as well.

"When I moved back to the Tri-State in 2000 with my new family I wanted to give them the grand tour from my hometown of Franklin Furnace, Ohio - still one of the only places I know where you exit on the left - to beloved child-hood haunts such as Camden Park, Lake Hope, Dreamland Pool, Greenbo Lake and The Scioto Breeze Drive-In."

Some highlights include:

- * A trip to one of the world's largest winter-time caving events, Crawlathon at Carter Caves State Resort Park in Olive Hill, Ky.
- * A trip to the region's largest lake Cave Run, one of the southeast's best muskie fishing lakes near Morehead, Ky.
- * Skiing, biking, whitewater rafting, fishing, geocaching and hiking with kids.
- * A trip to the area's largest parade and festival, Hillbilly Days in Pikeville.



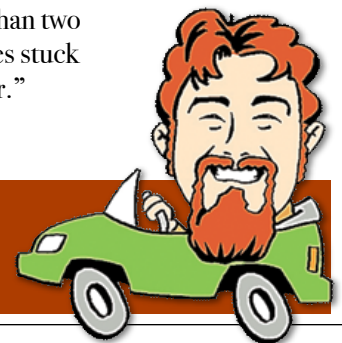
* A trip to see the only Moonbow in the western hemisphere .

* A trip to Ohio's The Wilds, the largest conservation facility in North America.

* A trip to one of the region's newest indoor waterparks.

At the end of the book, Dave Trippin also includes some new ways to explore your own backyard such as Geocaching, Kentucky State Park's Family Adventure Quest and cool film locations in the region.

"We hope Dave Trippin' will inspire folks and their crew to load up and go trippin' out through the Appalachian Galaxy," Lavender said. "Go ahead, get out there, take the tram down to the Mountain Creek Lodge in Pipestem, W.Va., feed some hummingbirds by hand at Lake Hope in Zaleski, Ohio, and lay hands on the giant guitars at The Paveillon in Louisa. This is the good stuff and close stuff and it's all cooler than two popsicles stuck together."



Buy Dave Trippin the book at local book stores, travel stops and online at www.davetrippin.com.