



You know repetitive motions like that can cause ergonomic problems.

DON'T LET THIS BE YOUR ERGONOMIC HEADACHE.
LET SILVER LAKE INDUSTRIAL SERVICES TAKE THE HEADACHE
OUT OF ERGONOMICS FOR YOU.
CALL DOUG TODAY AT 260-352-3219 OR
E-MAIL AT DOUG@SILVERLAKEIN.COM

Ergonomics is the science of fitting the job to the worker. In the workplace, ergonomic principles are used to make alterations to a job so that it conforms to the person doing that job, rather than to force the person to fit the job. Redesigning various job functions to match a person's stature will reduce stress on the body and eliminate many potential injuries associated with the overuse of muscles, unnatural postures, and repetitive motions.

The goal of a workplace ergonomics program is to reduce or eliminate the risk factors that lead to MSDs. Jobs that expose workers to excessive vibration, repetitive motions, heavy lifting, awkward postures, and continual contact pressure will be assessed and ways found to reduce exposure to those factors that cause MSDs. Identifying ergonomic risk factors in your workplace is the first step toward making changes that will improve the safety and health of all workers.

By reducing MSD your company can save cost by:

1. Lower Workers Compensation Cost
2. Lower Short Term Disability
3. Lower Long Term Disability
4. Increased productivity
5. Increased employee morale
6. Increase quality

